

Johnson Elementary

Husky Times

May 2023

Johnson Elementary 4101 Seneca St Fort Collins, CO 80526

Main Phone Line 970-488-5000

Attendance Line 970-488-5095

Principal

Ms. Georgianna Dawson 970-488-5002 qdawson@psdschools.org

Assistant Principal

Mr. Matt Hughes 970-488-5015 mhughes@psdschools.org

Office Manager

Ms. Raquel Tovar 970-488-5001 rtovar@psdschools.org

Secretary/Health Tech

Ms. Wrenn Thornton 970-488-5003 wthornto@psdschools.org

School Counselor

Mr. Jason Allen 970-488-5038 jallen@psdschools.org

School Website http://joh.psdschools.org

School Hours for inperson learning: 8:50 a.m.—3:28 p.m.

Principal's Corner

Dear Johnson Families,

Welcome to May! We had a busy April with many thanks to so many for making Johnson a great place to be. First, we celebrated our many, many volunteers. You will see we were highlighted in our district news with the visit from our superintendent. Our Math Olympiad Team battled with the Olander Ospreys and took the trophy! Our track meet was successful with sending a few students to the district competition. Our JPTO improved our campus with new concrete for our bike racks. Thank you to M2 Concrete out of Denver for their very generous donation! We had a battalion of families clean up our campus in honor of Earth Day. We celebrated Kathryn Kvidera and her award for Outstanding Teacher of the Year! Finally, we ended our month with our book fair and family fun night. It was good to see many of you attend the book fair and family fun night!

This first week of May we celebrate our teachers and appreciate all they do for your children/our students. Thank you to our JPTO for helping us celebrate our staff! In preparation for next school year, we have the following all-star licensed team for next school year:

- · Early Childhood: Becky Ward-Smith and TBD
- · Kindergarten: Becky Troutman and Bonnie Hallisey
- · First Grade: Kathryn Kvidera and Erin Cochran
- · Second Grade: Denise Holder and Keri Kreuter
- · Third Grade: Tracy Clark, Alondra Flores, and Satie Walker
- · Fourth Grade: Teresa Matzdorff, Chantel Bartels, and Emily McNamee
- · Fifth Grade: Adrienne Steinle and Tracy Funk

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LEARNING

Principal's Corner

Art: Amy FelderPE: Alyssa Kaiser

Music: Breanne Matias
Counseling: Jason Allen
Tech/GT: Ann Durkin
Intervention: Sara Cawley

Integrated Services Generalist: Sydney McPherson
 English Language Development Services: Trevor Lusk

As we finalize our schedules, I will update you on our classified staff, and who will support which classrooms and programming.

Our executive function focus for May is "Susie Shifter." Susie Shifter represents the ability to shift from one thing to the next, manage time, and transitions. In other words it is the ability to move appropriately from one situation to another. It is also the capacity to estimate and use time effectively. This is a transition time of year for your children in many ways. We often see increased unexpected behavior because of the unknown of what comes next. You can support your child at home with managing this transition with talking about what comes next. Having a visible calendar to put important events or planned outings on will help your child. Giving a child a task and the amount of time they have to do it also develops skills in "Susie Shifter." There are many other ways to develop a child's capacity to utilize "Susie Shifter." These are just a few ideas.

As we enter into our last month of 2022-23, thank you for all you do to make Johnson a great place to be!

Sincerely, Georgianna Dawson, principal







AP's Angle



May 2023

Johnson Mathletes: The Golden Boot and a High Five!

4th and 5th grade Johnson students participated in two Math tournaments recently. The first event was the Husky v Osprey Math Showdown (A.K.A. the

"Golden Boot") with our friends at Olander Elementary School. Ms. Durkin (GT Coordinator) and I took twelve students over to Olander and returned with smiles from a great morning together. The students and staff at Olander made us feel so welcome, set up a great tournament, and even provided pizza and Oreo



Figure 1 Johnson Students with Olander Students at the Math Showdow. Featured here with Johnson's GT Coordinator, Ms. Durkin (second from the right).

cookies for us to top it all off. Oh, and the Golden Boot came home to Johnson this year. Way to go Huskies!

We plan to host the Math Showdown next year and reciprocate the experience for Olander students.

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The second event was a district wide Math Tournament that brought together twenty-one of our city's elementary schools. For this event, we could only take one team of five students, and they showed their Husky smarts by correctly answering incredibly challenging questions and coming in fifth place!

We are excited to continue the Math Olympiads after school enrichment program



Figure 2 The team featured with Mr. Hughes and Ms. Steinle (from left to right): Aiden, Bodhi, Wyatt, Peter, Jake

for next year, and of course, building all our students Math skills at Johnson.

Special thanks to Ms. Steinle (Grade 5 teacher), Mrs. Limoges (parent volunteer), and Hanna (CSU student volunteer) for all their help at Math Olympiads over this past year.

Fall Soon Turns to Summer

Wait, what? The last month of school, already? This year has flown by, but with wonderful highlights to keep us smiling and feeling proud to be Huskies. Here is to a strong finish to the year and an enriching summertime ahead. Thank you for all your support!

Matt Hughes



Included in this Month's issue:

- Principals Corner
- AP's Angle
- Mr. Allen's Mindful Minute
- JPTO's last meeting of the year
- Last day of school
- End of the year medication pick up
- 2023 2024 School Calendar
- Ongoing Fundraisers
- Johnson's Calendar of Events

Mr Allen's Mindful Minute

As promised, I am taking some time to write about different Executive Functioning skills in the hope that it may be of use to you. At the very least, it should fill in parents about some of the ways we are working with students here at Johnson to build these fundamental skills for life.

This month's skill is **Emotional Control/Self-Regulation**. So very much of my work with students begins with helping students to recognize their different emotions while also understanding that none of our emotions are "good" or "bad", they are ALL just parts of us that come out when we are dealing with different situations. It's absolutely normal and OK to feel anger when someone has wronged us or someone we care about. Or, to feel hurt and sad when we are left out. The way we handle our feelings, though, makes all the difference. The way we deal with our emotions is called Self-Regulation. Like most things in life, learning how to Regulate our feelings is a skill that gets easier and better with input, practice, and time.

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You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.



Mr. Allen's Mindful Minute

continued

At Johnson we spend a lot of time teaching students about the Zones of Regulation (Kuypers,2011). "Zones" is a curriculum specifically designed to teach Self-Regulation. The nice thing about it is that the concepts are user friendly and can work across multiple ages (I have even had several adult clients who really enjoyed "Zones" because it teaches heady concepts in a relatable and easy to apply way).

Basically, groups of feelings are divided up as being in four different Zones:

Blue- Sad, Bored, Tired, Hurt, Etc Green- Calm, Focused, Happy, Content, Etc Yellow- Frustrated, Nervous, Annoyed, Excited, Etc Red- Angry, Out of Control, Furious, Elated, Etc

Ultimately, we all spend some amount of time in each of these "Zones" depending on what is going on in our lives and interactions with others. We want to find ways back to the Green Zone eventually. So, a lot of our work at school is developing ways to get back to green by doing things like: walking, listening to music, reading a book, coloring, calm breathing, talking to someone, etc. There are honestly dozens of ways to regulate!

By learning to use these strategies we are well on the way to being very good at this extremely important executive functioning skill.

Join us for the last JPTO General Membership Meeting for this school year

Our last meeting for this school year will be held on May 22nd at 6:30 p.m. All Johnson parents and guardians are welcome. As always, you do not have to be on the Board to attend these meetings and have a say in what goes on. You can attend PTO meetings and be a voting member without having an official role.

Supporting our Schools





970.420.7163



May 26th, Last Day of School for 2022-2023

To close out the 2022-2023 school year, the last day of school -May 26th – is a half day for students. Johnsons will release students at 11:58 AM. Breakfast will be served, but lunch will not be served

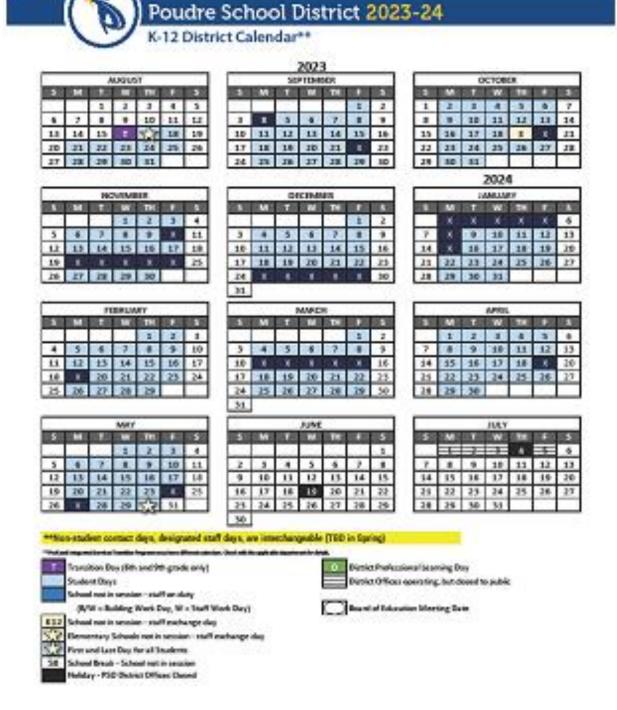
From the Health Office – End of Year Medication Pickup

Medications cannot be sent home with students at the end of the school year.

- Parents must pick up all medications on or before the last day of school. Medications must be picked up by the end of the school day (noon).
- If medications need to be picked up before the last day of school, plan with the school nurse or health tech.
- Emergency or as-needed medications (Epi-pens, Tylenol, inhalers, etc.) must also be picked up.
- The school nurse will follow state health department procedures and all medications not picked up will be disposed of properly.
- If medications are brought back to the school in the fall, you may obtain a medical permission form from the health tech in your school, or on the PSD website.

If you have any questions, please contact the health office at 970-488-5004.

2023-2024 K-12 District Calendar



Revised Month 28, 2023

Ongoing Fundraisers at Johnson Elementary

American Furniture Warehouse



Box Tops for Education Fundraiser

Looking to a quick and easy way to help support our school? Download the free Box Tops App.

- Register Johnson Elementary as your school and when you go shopping just go into the app.
- Take a picture of your receipt and it will give our school .10 per participating items.
 - Make sure you submit them within 14 days of your purchase.



Ongoing Fundraisers at Johnson Elementary continued

King Soopers Community Rewards

Johnson has been added to the list of nonprofits eligible for funding through their community rewards program. We encourage our families to register your King Sooper Card and choose Johnson as the designated nonprofit.

The Kroger Family of Companies is committed to community engagement, positive social impact and charitable giving at the national and local levels. Every community is unique, but our common goal is to partner with the neighborhoods we serve and help the people there live healthier lives.

One of the ways in which we do this is through our King Soopers Community Rewards program. This program makes fundraising easy by donating to local organizations based on the shopping you do every day. Once you link your Card to an organization, all you have to do is shop at King Soopers and swipe your shopper's Card.

Here's how it works:

1. Create a digital account.

A digital account is needed to participate in King Soopers Community Rewards. If you already have a digital account, simply link your Shop per's Card to your account so that all transactions apply toward the or ganization you choose.

2. Link your Card to an organization.

Selecting the organization that you wish to support is as simple as up dating the King Soopers Community Rewards selection on your digital account.

- Sign in to your digital account.
- Search for your organization here.
- Enter the name or NPO number of the organization you wish to support.
- Select the appropriate organization from the list and click "Save".
- Your selected organization will also display in the King Soopers
 Community Rewards section of your account. If you need to review
 or revisit your organization, you can always do so under your
 Account details.

3. Your organization earns.

Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program, at no added cost to you. King Soopers donates annually to participating organizations based on your percentage of spending as it relates to the total spending associated with all participating King Soopers Community Rewards organizations.

If you have any questions, please contact our <u>Customer Service Center</u>. Whether you're a customer or an organization, get started today!

King Soopers Community Rewards

Note: If you are a customer, make sure you have a preferred store selected to view participating organizations. If you are applying on behalf of an organization, please select a store in the same area as your organization.

Adding this card will not affect your gas points or other discount benefits you receive through King Soopers.

Thank you for helping JPTO raise funds for Johnson Elementary!

Johnson Calendar of Events

May		
6	8 – 10 1015 - 1215	4 th Grade Track Meet @ RMHS 5 th Grade Track Meet @ RMHS
9		Bike to School Day
11	1230 – 230	Kindergarten Tie Dye with RMHS
12	9 – 935	PRIDE Assembly
15		NO SCHOOL – K-12 Workday
18		Last Day for Preschool
19	9 – 1115 1130 - 1215	Kinder Walking Field Trip to Harmony Library Kinder Picnic at West Field Park
22	630 – 730	Field Day JPTO General Meeting
23	9 – 1	1 st Grade Field Trip to Museum of Discovery
25	TBD	Talent Show
26	915 am	Last Day of School 5 th Grade Promotion

PSD Calendar dates beyond this point - PSD 2022-23 K-12 Student/Teacher Calendar

^{*} Visit the Johnson Website for events and activities specific to Johnson.

[&]quot;The Poudre School District is committed to the policy that no otherwise qualified person shall be denied access to, be excluded from participation in, be denied the benefits of, or be subjected to unlawful discrimination under, any District program or activity on the basis of race, color, religion, national origin, ancestry, sex, sexual orientation, marital status, veteran status, age or disability. District compliance with this policy shall be the responsibility of, and reports and complaints of discrimination based on these protected classifications should be directed to: For District students and community members: Director of Student Services, 1630 South Stover Street, Fort Collins, Colorado 80525, phone: 970-490-3033; For District employees: Executive Director of Human Resources, 2407 La Porte Avenue, Fort Collins, Colorado 80521, phone: 970-490-3620."